



Simply Put, LLC

*Practical skills for a more purposeful life at work and home*

## **Speak With Confidence, Comfort and Conviction!**

Do you or members of your team want to enhance your speaking and presentation skills?

**Audience:** Anyone from a beginner to an executive who conducts presentations to individuals and groups of any size and wants to enhance their speaking effectiveness, communications, proficiency, comfort-level and overall professionalism. One-on-one coaching or small group classes available.

**Objectives:** A presentation is the ultimate reflection of your ability, knowledge and talent. Many skills from communication to leadership are tested as well as your ability to perform under pressure. These skills are visible to the entire audience and directly reflect the level of professionalism you possess and your ability to clearly articulate objectives and strategies in a meaningful and effective manner in order to persuade your audience. Whether you fear public speaking or just need to fine-tune your speaking abilities, appropriate planning, practice and skills can replace the stress of public speaking with success in public speaking! Regardless of the size of your audience, a presentation is your opportunity to influence, impress and inspire people. How effective you are with presentation skills directly impacts your overall professionalism and success.

### Learning objectives:

1. Improve your overall professionalism by polishing your presentation skills.
2. Engage, inspire and influence your audience.
3. Enhance your words, tone and body language to communicate more powerfully and genuinely.
4. Develop techniques and learn preparation steps to ensure success.
5. Develop confidence to turn jitters into jubilation.
6. Receive immediate feedback about your presentation skills, so you can instantly enhance your ability.
7. Replace your fear of public speaking with embracing public speaking.

### About Lee Ann Szelog:

A professional speaker and award-winning author, Lee began her life as an extremely shy child. At the age of 7 she decided she wanted to overcome her fear of talking to people. Since then she challenged herself every day to speak up, write and conduct presentations and overcome her fears. Her persistence paid off as she now is a successful speaker, training consultant and author. She shares her secrets to being a successful speaker by providing one-on-one coaching and workshops for individuals to help them learn techniques to overcome their fear of public speaking and enhance their professionalism by enhancing their speaking competencies. To learn more about Lee Ann Szelog's background and view testimonials, please visit [www.leeannszelog.com](http://www.leeannszelog.com)

### References:

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